



Page - 1 - of 4

EVENT NAME: MTB east Round 1 Potash woods

EVENT DATE: 06/04/25

ADDRESS: THE LAWN, ROCHFORD, ESSEX, SS4 1PL

ORGANISER/COMPANY: Travers Bikes Ltd

CONTACT NAME: Michael Travers

ASSESSMENT DATE: 20/11/24

CONTACT PHONE NUMBER: 07890451705

REVIEWED BY:

REVIEWED DATE:

## **INTRODUCTION**

This document, including this page, forms the Risk Assessment and must be kept as one file. As the Organiser of an MTB east event, you are the person required to produce a Risk assessment for the proposed course. You may be assisted by any suitably experienced person. The Risk Assessment must be undertaken well before the event date and reviewed before the race, preferably at the same time of day and in similar conditions.

## **GENERALLY**

Mountain bike racing has inherent dangers that cannot be completely eliminated. Occasionally, falls and spills will occur with resultant injuries, some of which may be serious. Wearing an approved helmet is compulsory for competitors in all MTB east events. The attendance of a qualified First Aider(s) and nominated Officials with the means to contact the Emergency Services will be the required control in place to minimise the consequences of any accidents. In addition, the "Minimum Standards", detailed below, are required to control the risks of any danger to the general public. Other identified hazards and risk control measures are detailed in the "Specific Risk Assessment" which forms Part Two of this document.

## **MINIMUM STANDARDS**

1. Warning Signs at all hazardous elements on the course, as identified in the Specific Risk Assessment, and at the Start and Finish Areas.
2. Trained and/or Qualified First Aider(s) in attendance. (For all races and during the practice laps)
3. Marshals as identified in the Specific Risk Assessment.
3. Officials able to contact the Emergency Services

## **TAKE VERY CAREFUL NOTE**

A copy of this risk assessment, course details and a map are to be displayed at the Race HQ for the duration of the Race. All Marshals and Support Staff must be made aware of this risk assessment prior to taking up positions for the Race. Before any race, all riders must be briefed about any dangers, actual or perceived, that were noted by inspection before the race. All Riders must, before being allowed to start the race, display their number board on their bike and be entered for the race.



Page - 2 - of 4

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| LOCATION OF HAZARD | HAZARD TO COMPETITORS OR PUBLIC          | POSSIBLE HARM                            | CONTROLS PUT IN PLACE TO REDUCE RISK E.G. MARSHALS, SIGNAGE ETC...   | RISK<br>H: HIGH<br>M: MED<br>L: LOW |
|--------------------|--|--|--|-------------------------------------|
| ALL                | UNEVEN GROUND                            | FALLS, CRASHES                           | COURSE INSPECTION, SIGNAGE MARKING HAZARDS, TREE ROOTS SPRAYED WITH FLURO PAINT, PRE-RACE BRIEFING   | M                                   |
| ARENA              | COLLISIONS BETWEEN RIDERS AND SPECTATORS | RISK OF RIDERS COLLIDING WITH SPECTATORS | CLEARLY DEFINED CROSSING POINTS, RIDERS MADE AWARE OF ANY DANGER SPOTS AT BRIEFING   | L                                   |
| ALL                | EXTREME WEATHER                          | SLIPPERY CONDITIONS, FALLING BRANCHES    | WEATHER MONITORING, EXTREME WAERTHER CONTINGENCY PLANS   | L                                   |
| ALL                | MEDICAL EMERGENCIES                      | DELAYED RESPONSE                         | FIRST AID ON SITE WITH AMBULANCE (2 PERSON CREW) MAP OF RACE COURSE WITH SECTORS COLOUR CODED ON THE GROUND TO MATCH MAP, EACH SECTOR ALSO HAS WHAT3WORDS TAG, SEE ATTACHED FILE | L                                   |



Page - 3 - of 4

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The course is divided up into 6 sectors, these will remain the same across all 6 rounds.  
The course arrows will match the colours below, i.e. green arrows in the green sector.  
This makes it easy for riders/marshals to report incidents.  
Each sector also has a "what3words" location.

